

Suggested Resources For Gender Independent Children and Transgender Youth/Adults

Gender Independent Children: Gender independent children are those whose gender expression and/or gender identity differs from what others expect of their assigned birth sex.

While some kids are content to dress and do the activities typically associated with boys and girls, others express themselves in ways that the adults around them find surprising or confusing. Some boys love dresses, some girls insist on short hair and balk at the colour pink, and others say that they are or want to be another gender. These kids are sometimes called *gender independent*. Other terms are *gender variant*, *gender non-conforming*, *gender creative*, *transgender* and for some Aboriginal children, *two-spirited*.

Transgender: An umbrella term that describes people with diverse gender identities and gender expressions that do not conform to stereotypical ideas about what it means to be a girl/woman or a boy/man in society. “Trans” can mean transcending beyond, existing between or crossing over the gender spectrum. It includes but is not limited to people who identify as transgender, transsexual, cross-dresser or gender non-conforming (gender variant or gender queer).

- *Are you worried about your child’s gender expression?; Transition Options for Gender Independent Children and Adolescents; Advocating for Your Gender Independent Child* and Rainbow Health Ontario Fact Sheet: *Supporting Gender Independent Children and Their Families*, RHO (Rainbow Health Ontario) www.rainbowhealthontario.ca/resource-search
- Around the Rainbow - Creating inclusive spaces for LGBTQ+ families in Ottawa www.familyservicesottawa.org/children-youth-and-families/around-the-rainbow
- Children’s Centre - Thunder Bay www.childrenscentre.ca/en/adolescents/other-10
- *Supporting Transgender and Transsexual Students in K-12 Schools. A Guide for Educators*, Canadian Teachers’ Federation www.familleslgbt.org/documents/pdf/TransgenreCTF2011_ENG.pdf
- Delisle Youth Services - Provides support services www.delisleyouth.org/pages/stars-y
- Egale Canada - Information on GSAs www.mygsa.ca
- *Families in TRANSition: A Resource Guide for Parents of Trans Youth*, Central Toronto Youth Services www.ctys.org/wp-content/uploads/2013/06/familiesintransition.pdf
- Gender Creative Kids Canada - Resources for gender creative kids and their families, schools and communities www.gendercreativekids.ca



Elementary Teachers' Federation of Ontario
Fédération des enseignantes et des enseignants
de l'élémentaire de l'Ontario



Suggested Resources For Gender Independent Children and Transgender Youth/Adults

- *Gender Identity and Diversity*, Children's Hospital of Eastern Ontario (CHEO)
www.cheo.on.ca/uploads/Gay,%20Lesbian%20and%20Bisexual%20Youth/Gender%20Identity.pdf
- Gender Spectrum - Resources for families
www.genderspectrum.org
- LGBTQ Parenting Network - Resources for families and educators
www.lgbtqparentingconnection.ca
- PFLAG Canada - Resources for families of LGBTQ children
www.pflag.ca
- *Policy on preventing discrimination because of Gender Identity and Gender Expression*, Ontario Human Rights Commission
www.ohrc.on.ca/sites/default/files/Policy%20on%20preventing%20discrimination%20because%20of%20gender%20identity%20and%20gender%20expression.pdf
- LGBT Youth Line - Referral Database
www.youthline.ca/get-support/referral-database
- Native Youth Sexual Health Network - Organization by and for Indigenous youth that offers programs and services for two-spirited and LGBTQ Indigenous supports and workshops
www.nativeyouthsexualhealth.com/index.html
- Rainbow Health Ontario Service Directory
www.rainbowhealthontario.ca/service-directory
- ODE - LGBTQ group for Aboriginal Youth
www.facebook.com/ODE-1670176646597506/home?ref=page_internal
- OK2BME - Provides services for LGBTQ+ identified children, teens and their families
www.ok2bme.ca
- Ontario Aboriginal HIV/AIDS Strategy (OAHAS) - Provides services and supports designed to meet the needs of Aboriginal people
www.oahas.org
- 2 Spirited People of the First Nations - Assists Aboriginal LGBTQ people with different services, programming and events
www.2spirits.com



Elementary Teachers' Federation of Ontario
Fédération des enseignantes et des enseignants
de l'élémentaire de l'Ontario



Suggested Resources For Gender Independent Children and Transgender Youth/Adults

- *Questions and Answers: Gender Identity in Schools*, Public Health Agency of Canada
www.sieccan.org/pdf/phac_genderidentity_qa-eng.pdf
- Sick Kids Transgender Youth Clinic - Provides medical care and support to transgender adolescents
www.sickkids.ca/AdolescentMedicine/What-We-Do/Programs/Transgender-Youth-Clinic/index.html
- Supporting Our Youth (SOY), Sherbourne Health Centre - Works to improve the quality of LGBTT youth and assists two-spirited or LGBTQ identified youth into their services
www.soytoronto.org/current.html
- The 519 Church Street Community Centre - Trans Specific Programs
www.the519.org
- Trans Family Kingston - Provides local resources and information
www.transfamilykingston.com
- TransParent Canada - Resources for parents of transgender children
www.transparentcanada.ca
- Trans Lifeline - Support line for transgender people
<http://hotline.translifeline.org>
- Trans Pride Canada - Media Reference Guide Best Practices
www.transpride.ca/trans-media-reference.htm
- Trans Pulse - Building Our Communities through Research
www.transpulseproject.ca
- Welcoming Schools - Resources for educators
www.welcomingschools.org
- The 519 and Rainbow Health Ontario Media Reference Guide - Discussing trans and gender diverse people
www.the519.org/news/media-reference-guide-discussing-trans-and-gender-diverse-people

Please note: This is a list of organizations, agencies and groups that provide information and resources to the public. It is by no means an exhaustive list.

August 26, 2016
AP:SC



Elementary Teachers' Federation of Ontario
Fédération des enseignantes et des enseignants
de l'élémentaire de l'Ontario

